

Annexure VI

HOSTEL FOOD MENU **[Minimum Reasonable Cost (MRC) is ₹ 140/- per student per day]**

IIIT Mess 1 Menu							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Upma/Vermicelli Upma & Sheera	Poha	Methi / Palak Paratha	Idli Wada	Methi Poori	Masala Dosa / Uttapam	Aloo Gobi Paratha
	Green Chutney	SEV. Namkin Tari	Veg Korma	Sambar & Chutney	Chole Masala	Sambar & Chutney	Curd/Pickle
	Boiled Peanuts	Boiled Sweet Corn	Matki Sprouts	Black Chana Sprouts	Green Moong Sprouts	Matki Sprouts	Green Moong Sprouts
	Boiled Egg	Egg Bhurji	Egg Bhurji	Boiled Egg	****	Boiled Egg	****
	Banana/Corn Flakes, Bread Butter Jam, Milk, Coffee, Elachi Tea, Bournvita/Horlicks						
Lunch	Onion Rice	Fried/ Bagara RICE	Curd Rice	Puliyogre	Veg & Egg BRIYANI	Curd Rice	****
	Dal Tadka	Dal Fry	DAL Methi	Dal Fry	Mix Veg Raitha	Dal Palak	Dal Palak
	Jeera Aloo	Tondli Chana Dry	***	Aloo brinjal Tomato	Black Channa Masala	Mix Veg Dry	Paneer Butter Masala
	Chawli Masala	Manchuriyan Gravy	Paneer Kholapuri	Kadhi Pakoda	****	Chole Bhature	Egg Curry
	Jaljeera	Rasna	Butter Milk	Lassi	Lemon Juice	Hot Badam Milk	Kokam Sarabath
	CURD	CURD	****	****	CURD	****	****
	Chapati/ Fulka (Except Saturday) Plain Rice, Sambar/Rasam, Pickle, Papad, Mix Salad, Green Chilly / Lemon Slices - All days						
Snacks	Dhokla/Samosa	Bread Patic/Panipuri	Vegg Hakka Noodals/Maggi	Onion/Aloo Pakoda	Pav Bhaji, Choped Onion & Lemon	Masala Bhel	Veg Cutlet/ Aloo/Onion Pakoda
	Red & Green Chutney, Seasonal Fruits, Bread Butter Jam, Milk, Coffee, Ginger Tea, Bournvita/Horlicks- All days						

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Dinner	****	Khichadi/Bisibele Bath	****	Jeera Rice	Tomato Rice	Onion Masala Rice	****
	Rasam	Bhendi Subji	Turai masala	Curd	Aloo 65	Kurkure Bhendi	Aloo Beabce Fry
	Paneer Hydrabadi	Veg Kadhai	Lauki Kofta Masala	Paneer Mutter Masala	Rajma Masala	Aloo Gobi Mutter	Mushroom Masala
	Dal Pancratna	Channa Dal	Dal Makhani & Rasam	Dal Kholapuri	Dal Tadka	Masoor Dal	Moong Dal
	Gajar Halva/Badhusha	Ice Cream (Variety of Flavors)	Shevai Kheer	Mothichoor Ladoo	Gulab Jamun	Ice Cream (Variety of Flavors)	Jalebi/ Badam Poori
Chapathi/Fulka, Plain Rice, Pickle, Papad, Mix Salad, Green Chilly / Lemon Slices - All days							

Note1 : Limitation applies only to Banana, Sweet, Pav, and Fruit items (Maximum: Banana – 2 pieces, Ice Cream – 1 cup).

Note 2: The vendor must arrange a large toaster for toasting the bread.

Note 3: A maximum of 25% of the total students shall be permitted to switch between Mess 1 and Mess 2 on a monthly basis.